

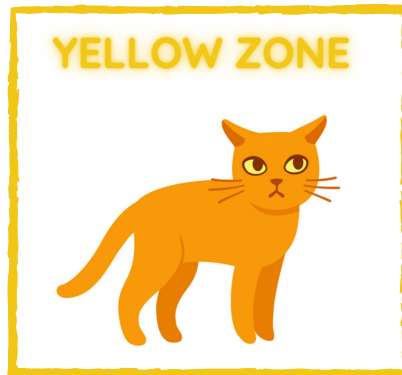
HELPING YOUR CAT OVERCOME FEARS AND TRIGGERS

GOAL: To comfortably expose your cat to "threatening" objects, persons, noises, animals, etc., without eliciting fear or aggression.

**Please refer to the body language chart to help you use this guide.*



NO Aggression Signals



NO Anxious Signals



YES Calm/Neutral Signals

VARIABLES TO CHANGE TO ACCOMPLISH THIS: Change the following until your cat is no longer fearful or aggressive. Increase the difficulty only after a few days. Your cat must look calm/neutral at every step. Reward calm/neutral body language with treats or praise.

